

## PSYCHIATRIST PROFILE

# Professor Phillipa Hay

FRANZCP MD DPhil

Consultant Psychiatrist

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Professor Phillipa Hay is a Consultant Psychiatrist with a special interest in mental health well-being and lifestyle medicine alongside her particular expertise in eating and weight disorders. She is internationally renowned for her research, which is currently focused on treatments for eating disorders, as well as public health and community interventions reducing barriers to accessing care.

Widely published in journals, publications and books, Professor Hay's extensive work and reviews are also featured in the highly regarded Cochrane Library.

Her practice provides both consultation reviews (for people receiving care under an Eating Disorder or Better Access Treatment Plan) and ongoing care in both our inpatient and day program units.

### KEY INTEREST AREAS

Eating Disorders

Psychological and group therapies

Early intervention and prevention

### QUALIFICATIONS

Fellow, Royal Australian and New Zealand College of Psychiatrists (RANZCP)

Doctorate of Philosophy (DPhil)  
University of Oxford (UK)

Doctorate of Medicine  
University of Otago

